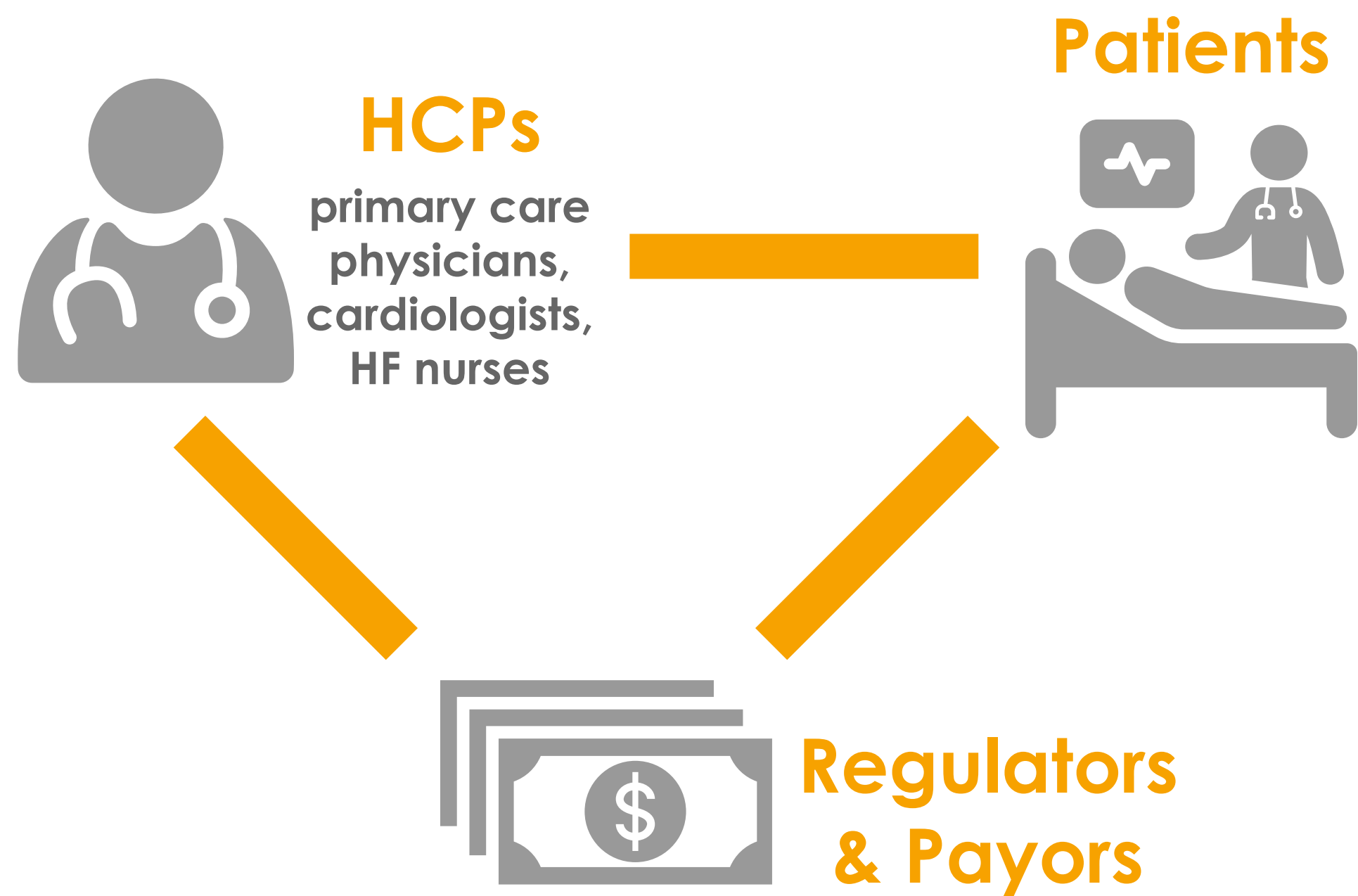


# GLOBAL CHALLENGES IN HEART FAILURE: WHAT CAN WE LEARN FROM EACH OTHER?

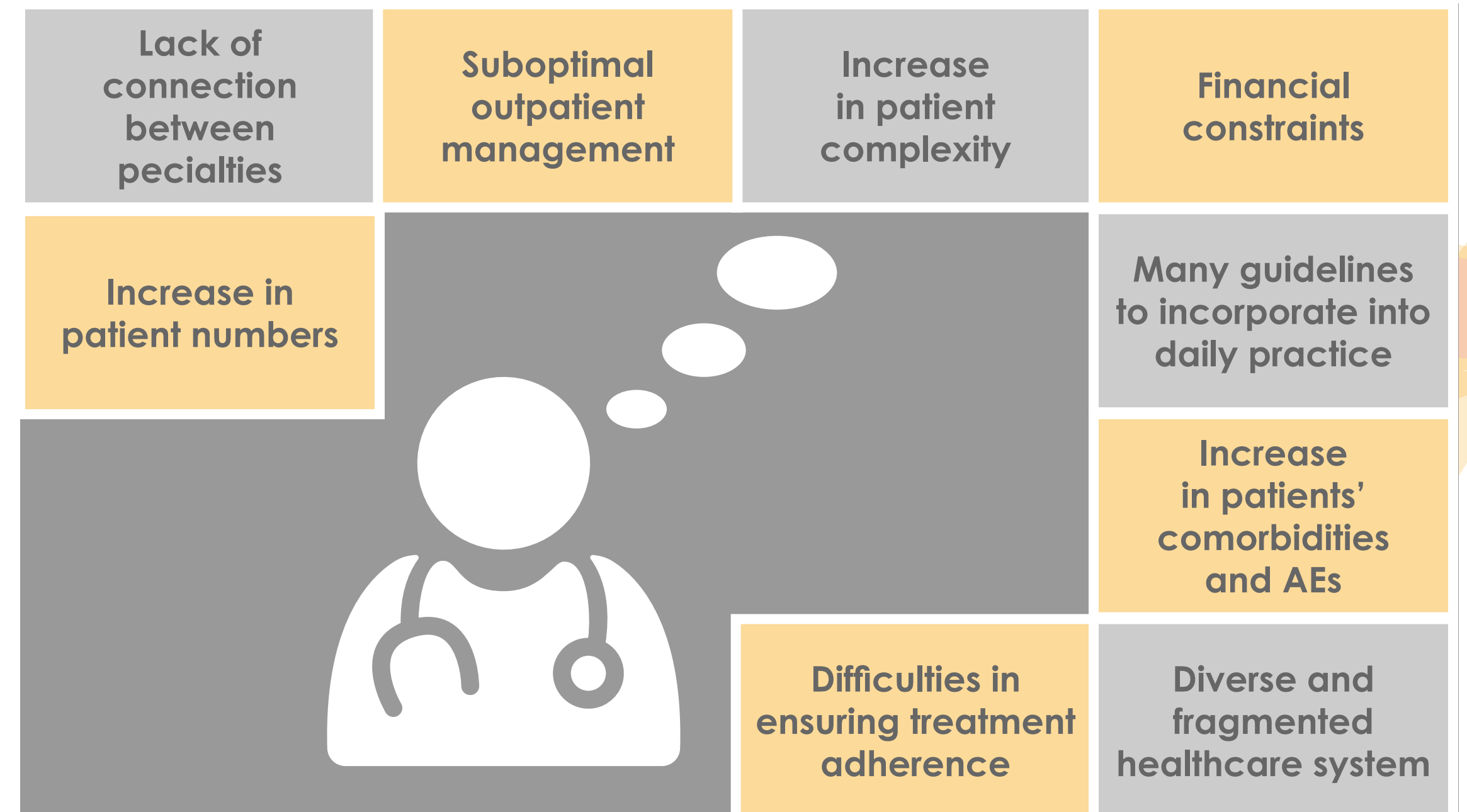
PRESENTED BY ALEJANDRO RECIO MAYORAL | 25 AUGUST 2023

Optimizing the management and treatment of HF is a major public health priority

HF care is complex and involves various stakeholders<sup>1</sup>



Key challenges for HF care team<sup>1</sup>



1. Jankowska EA, et al. *ESC Heart Fail.* 2023;10:2159-2169.

## GLOBAL CHALLENGES IN HEART FAILURE: WHAT CAN WE LEARN FROM EACH OTHER?

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All major guidelines strongly support a global HF care that focuses on structured multidisciplinary HF services

Multidisciplinary HF care is associated with improved outcomes:<sup>2-4</sup>



**21–26%**  
reduction  
in ACM



**26–47%**  
reduction  
in HHF

Such structured multidisciplinary HF care aims to:

Deliver **customized holistic care** that responds to changing patient needs and transition across the healthcare settings

- ✓ Accurate diagnosis
- ✓ Implementation of appropriate evidence-based therapy
- ✓ Education for both the patient and their carers

Components of the multidisciplinary HF care programme:<sup>5</sup>

- **Optimized management**
  - ✓ Lifestyle choices, pharmacological and devices
- **Patient education**
- **Psychosocial support**
- **Follow-up after discharge**
  - ✓ Clinic, home visits, telephone/telemonitoring
- **Access to:**
  - ✓ Advanced treatment options
  - ✓ Supportive/palliative care



Global heart failure care focuses on structured multidisciplinary HF services to ensure that patients receive the right care from the right person at the right time

2. Takeda A, et al. *Cochrane Database Syst Rev.* 2012 Sep 12;(9):CD002752. 3. Holland R, et al. *Heart.* 2005;91:899-906.  
4. McAlister FA, et al. *J Am Coll Cardiol.* 2004;44:810-819. 5. McDonagh TA, et al. *Eur Heart J.* 2021;42:3599-3726.